

Regulatory Citation(s): | None
L-Tag(s): | None

POLICY: Lifesong Hospice and Palliative Care employees will avoid the use of restraints in all patient care settings, at all times. When restraints are necessary, the hospice will follow the restraint protocol of the facility.

PROCEDURE:

1. In any situation where a patient is agitated or upset, the minimal reasonable actions should take place to allow the patient’s health care to be of the highest level of independence.
2. A restraint free environment requires a level of calmness to the patient and the family.
3. Be aware of feelings of anger.
4. Summon help from other team members if needed to calm the situation.
5. Continue to talk in a calm manner.
6. Enlist the help of the family to support the patient and avoid any injury.
7. Contact the attending physician or Hospice Medical Director for help and guidance if unable to calm the patient down verbally for any further orders.
8. Stay with patient and family until the situation has subsided.
9. When necessary, implement continuous care or transfer the patient to General inpatient level of care.
9. If the patient is residing in a nursing facility, adhere to the policies of the facility after all other measures are exhausted before use of restraints would be utilized.

Created:	Reviewed:	Revised:	Effective:
11/18			4/2019
Reviewed:	Reviewed:	Reviewed:	Reviewed: